

TIPTOES NURSERY - WINTER MENU					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
LUNCH Week 1	Homemade soup and ham Sandwiches	Chicken curry with rice, naan and poppadoms	Home made fish fingers and green peas	Macaroni cheese with garlic bread	Baked potatoes, tuna mayo with Sweetcorn
	No pudding	Ice cream	Chocolate cupcake	Rice pudding	Yogurt
LUNCH Week 2	Homemade soup with cheese sandwiches	Seafood Paella	Beef mince lasagne with Garlic bread	Home made chicken nuggets with homemade chips and green beans	English muffin pizzas with a choice of topping served with a side salad
	No pudding	Carrot cake	Yogurt	Custard with banana	Fruit salad
LUNCH Week 3	Homemade soup with cucumber sandwiches	Homemade beef burgers on a brioche bun served with homemade colselaw or potato wedges	Chickpea curry with rice, naan and poppadoms	Chicken stir fry with noodles	Mashed potato cheese and beans
	No pudding	Cheesecake	Yogurt	Vanilla cupcake	Ice cream
LUNCH Week 4	Homemade soup and ham sandwiches	Cheese and chorizo pasta in a tomato sauce with garlic bread	Homemade fishcakes with sweet peas	Chinese stye curry with rice and prawn crackers	Grilled cheese and ham wraps with a side salad
	No pudding	Dark chocolate crispy cake	Ice cream	Yogurt	Warm apple crumble with vanilla ice cream

Morning and afternoon snacks					
	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 (AM Snack)	Toast with jam served with fruit	Oaty flapjack served with fruit	Overnight oats (various recipes)	Banana cupcakes served with fruit	Cheese toasties
(PM Snack)	Home baked cookies served with fruit	Crackers cheese spread, ham and veggie sticks	Dinosaur shaped pastry	Rice cakes served with fruit	Pancake and golden syrup
Week 2 (AM Snack)	Crumpets with butter served with fresh fruit	Home baked scones with jam and some fruity tea	Fruit smoothies with an oatcake	Oatcakes with cheese served with fruit	Rich tea biscuit served with fruit
(PM Snack)	Chicken and ham roll ups with cheese and veggie sticks	Crackers with avacado spread	French toast served with fresh fruit	Chocolate and vanilla cupcakes	Ritz crackers and hummous dip
Week 3 (AM Snack)	Porridge sprinkled with cinnamon served with banana	Oaty flapjack served with fruit	Cheese toasties with fruit	Croissants served with fruit	Fruit and melted chocolate dips
(PM Snack)	Vanilla cupcakes served with fruit	Dinosaur pastries	Vegetable sticks cheese and ham	Pancakes with jam served with fruit	Bagels with soft cheese and avacado
Week 4 (AM Snack)	Natural yogurt dip served with fruit slices	Beans on toast	French toast served with fresh fruit	Rice cakes served with fruit	Banana cupcakes
(PM Snack)	Homebaked cookies served with fruit	Ritz crackers with hummous dip	Crumpets with butter and fruit	Chicken and ham roll ups served with cheese	Breadsticks served with a selection of dips

TIPTOES NURSERY - SUMMER MENU					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
LUNCH Week 1	Spaghetti and meatballs	BBQ style chicken and coleslaw	Baked potatoes, cheese and beans	Tomato soup with roasted cheese	Fishcakes and peas
	Blueberry mousse	Vegan chocolate cupcakes	Watermelon	Yogurt and fresh fruit	Carrot and blueberry flapjack
LUNCH Week 2	Shepherd pie with carrots	Homemade beef burgers with colslaw	Macaroni cheese with garlic bread	Chicken and pepper kebabs	Sandwiches, crisps and salad
	Ice cream and fruit coulis	Fresh Fruit salad	Choc chip tray bake	Summer fruit cheesecake	Custard and banana with a granola sprinkle
LUNCH Week 3	Fish soft shell tacos	Lasagne and garlic bread	Meatball subs with salad	Chicken pie, pastry and vegetables	Homemade chicken nuggets with homemade chips
	Dark chocolate crispy cake	Strawberries and cream	Yogurt and fresh fruit	Watermelon	Starwberry jelly and fruit
LUNCH Week 4	Creamy chorizo pasta with garlic bread	Chicken and rice burritos	Homemade lentil soup with sandwiches	Cheese and tomato bruschetta with salad	Chickpea curry, rice, naan and poppadoms
	Fresh fruit salad	Veagn chocolate cupcakes	Ice cream and fruit coulis	Choc chip traybake	Yogurt

Morning and afternoon snacks					
	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 (AM Snack)	Toast with homemade jam	Porridge with cinnamon and banana	Overnight oats	Mango and banana smoothies	Rice cakes with butter and berries
(PM Snack)	Cheesey dinosaur/start pastry shapes with fruit	Crackers hummus with peppers	Ham, veggies and ritz	Bagels with an avacado cream cheese spread	Scones with a fruit tea
Week 2 (AM Snack)	Oaty flapjack	Biscuit and fruit	Cheesey dinosaur/pastry shapes with fruit	Porridge with banana	Toast with homemade jam
(PM Snack)	Cheese toasties with veg sticks	Mini pasta salad with feta and tomatoes	Ritz crackers with cheese spread	Crackers with hummus and peppers	Muffin pizza with veggies
Week 3 (AM Snack)	Rice cakes with butter and berries	Overnight oats	Mango and banana smoothies	Oaty flap jack	Biscuit and fruit
(PM Snack)	Mini hotdog with lettuce leaf bun	Cheese toasties with veg sticks	Crackers with hummus and peppers	Ham with veg sticks and ritz	Bagels with an avacado and cream cheese spread
Week 4 (AM Snack)	Mango and banana smoothies	Scones with a fruit tea	Fruit and dark chocolate dips	Toast with homemade jam	Croissants with fresh fruit
(PM Snack)	Ham with veg sticks and ritz	Muffin pizza with veggies	Cheese toasties with fruit	Veg sticks and dips	Mini pasta salad with feta and tomatoes