

**TIPTOES NURSERY - WINTER MENU**

	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>LUNCH Week 1</b>	Macaroni cheese with garlic bread	Mini sausages with potatoes, veg and gravy	Homemade lentil soup with bread	Chickpea curry with rice and naan	Homemade chicken burgers with wedges
	Yogurt	Fruit salad	Chocolate crispy cake	Banana pudding	Vegan chocolate cupcakes
<b>LUNCH Week 2</b>	Mashed potatoes, beans and cheese	Tuna fishcakes with peas	Lasagne and garlic bread	Homemade vegetable soup with bread	Chicken noodles
	Ice cream	Shortbread and chocolate dip	Fruit salad	Yogurt	Homemade apple crumble and custard
<b>LUNCH Week 3</b>	Muffin pizzas	Cottage pie with carrots	Homemade chicken nuggets with wedges and salad	Spagetti bolognese with garlic bread	Chilli con carne with rice
	Chocolate crispy cake	Banana pudding	Vegan chocolate cupcakes	Yogurt	Vegan brownie
<b>LUNCH Week 4</b>	Picnic lunch of sandwiches, veg crisps and salad	Lentil soup with bread	Homemade chicken pie with pasrty, potatoes and veg	Stovies with oatcakes	Chorizo pasta bake with garlic bread
	Shortbread and choc dip	ice cream	yogurt	Homemade apple crumble with custard	Fruit salad

**Morning and afternoon snacks**

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Week 1 (AM Snack)</b>	Crackers with cheese and fruit	Rich tea biscuit with fruity tea and fruit	Oaty flapjack and fruit	Croissants with fruit	Ritz cracker with fruit
<b>(PM Snack)</b>	Vegetable sticks with dip	Bagels with cream cheese and carrot sticks	Fruit and dark chocolate dips	Pastries with fruit	Scones and jam with fruit
<b>Week 2 (AM Snack)</b>	Crumpets with butter and fruit	Pancakes with fruit	Crackers with cheese and fruit	Toast with cheese	Croissants with fruit
<b>(PM Snack)</b>	Homemade cookies with fruit	Rice cakes with soft cheese and fruit	Fruit and dark chocolate dips	Oaty flapjack with fruit	Vanilla muffins with fruit
<b>Week 3 (AM Snack)</b>	Rich tea biscuit with fruity tea and fruit	Oaty flapjack with fruit	Toast with cheese	Crumpets with butter and fruit	Rice cakes and fruit
<b>(PM Snack)</b>	Pastries with veg	Bagels and carrot sticks	Fruit and dark chocolate dips	Ritz crackers with fruit	Crackers with cheese and fruit
<b>Week 4 (AM Snack)</b>	Croissants with fruit	Vanilla Cupcakes with fruit	Oaty flapjacks with fruit	Crumpets with butter and fruit	Toast with cheese
<b>(PM Snack)</b>	Pancakes with fruit	Rice cakes with fruit	Pastry with fruit	Crackers with fruit	Scones with fruit