

TIPTOES NURSERY - WINTER MENU					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
LUNCH Week 1	Macaroni cheese with garlic bread	Mini sausages with potatoes, veg and gravy	Homemade lentil soup with bread	Chickpea curry with rice and naan	Homemade Chicken Nuggets with wedges
	Yogurt	Fruit salad	Chocolate crispy cake	Banana pudding	Ice Cream
LUNCH Week 2	Mashed potatoes, beans and cheese	Fishfingers with peas	Lasagne and garlic bread	Chicken Noodles with sweet and sour sauce	Homemade vegetable soup with bread
	Ice cream	Shortbread	Fruit salad	Yogurt	Ice Cream
LUNCH Week 3	Muffin pizzas	Cottage pie with carrots	Homemade Chicken Nuggets with wedges	Spagetti bolognese with garlic bread	Chorizo pasta bake with garlic bread
	Chocolate crispy cake	Banana with custard	Vegan chocolate cupcakes	Yogurt	Vegan brownie
LUNCH Week 4	Picnic lunch of sandwiches, veg crisps and salad	Lentil soup with bread	Homemade chicken pie with pastry, potatoes and veg	Sausage Casserole with oat cake	Chilli Con Carne with Rice
	Shortbread	Homemade apple crumble with icecream	Yoghurt	Ice cream	Fruit salad
Morning and afternoon snacks					
	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 (AM Snack)	Crackers with cheese and fruit	Rich tea biscuit with fruity tea and fruit	Croissants and fruit	Toast with fruit	Ritz cracker with fruit
(PM Snack)	Rich tea with vegetable sticks	Bagels with butter and carrot sticks	Ritz Crackers with fruit	Scones with fruit	Pastries with fruit
Week 2 (AM Snack)	Crumpets with butter and fruit	Pancakes with fruit	Crackers with cheese and fruit	Toast with cheese	Croissants with fruit
(PM Snack)	Rice crackers with butter and fruit	Rich tea biscuits with fruit	Ritz with fruit	Oaty flapjack with fruit	Vanilla muffins with fruit
Week 3 (AM Snack)	Rich tea biscuit with fruity tea and fruit	Oaty flatjack with fruit	Toast with cheese	Crumpets with butter and fruit	Rice cakes and fruit
(PM Snack)	Pastries with veg	Bagels and carrot sticks	Croissants with Fruit	Ritz crackers with fruit	Crackers with cheese and fruit
Week 4 (AM Snack)	Croissants with fruit	Vanilla Cupcakes with fruit	Oaty flapjacks with fruit	Crumpets with butter and fruit	Toast with cheese
(PM Snack)	Pancakes with fruit	Rice cakes with fruit	Pastry with fruit	Crackers with fruit	Scones with fruit
TIPTOES NURSERY - SUMMER MENU					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
LUNCH Week 1	Potato Mash, cheese and beans	Spagetti and Meatballs	BBQ style chicken and Potato wedges	Tomato soup with roasted cheese	Fishcakes and peas
	Ice Cream	Vegan chocolate cupcakes	Watermelon	Yogurt and fresh fruit	Oaty Flapjack
LUNCH Week 2	Macaroni cheese with garlic bread	Homemade beef burgers with homemade chips	Shepherd pie with carrots	Chicken curry, rice, naan and poppadoms	Sandwiches, crisps and fruit
	Ice cream and fruit coulis	Fresh Fruit salad	Choc chip tray bake	Yoghurt	Custard and banana with a granola sprinkle
LUNCH Week 3	Homemade lentil soup with sandwiches	Homemade fish fingers with potatoes and veg	Meatball subs with salad	Chicken pie, pastry and vegetables	Muffin Pizzas with wedges
	Dark chocolate crispy cake	Strawberries and cream	Yogurt and fresh fruit	Watermelon	Strawberry jelly and fruit
LUNCH Week 4	Creamy chorizo pasta with garlic bread	Spaghetti and meatballs	Lasagna and garlic bread	Homemade chicken nuggets with wedges and veg	Chickpea curry, rice, naan and poppadoms
	Fresh fruit salad	Vegan chocolate cupcakes	Ice cream and fruit coulis	Choc chip traybake	Yogurt
Morning and afternoon snacks					
	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Toast with Jam	Pancakes	Overnight oats	Mango and banana	Rice cakes with butter and berries
(PM Snack)	Cheesy dinosaur/start pastry shapes with fruit	Crackers with peppers and hummus	Ritz Crackers and Fruit	Bagels with butter and fruit	Scones with a fruit tea
Week 2 (AM Snack)	Oaty flapjack	Biscuit and fruit	Cheesy dinosaur/pastry shapes with fruit	Overnight Oats	Toast with jam
(PM Snack)	Cheese toasties with veg sticks	Pancakes with fruit	Ritz crackers with fruit	Crackers with Peppers and hummus	Muffin pizzas
Week 3 (AM Snack)	Rice cakes with butter and berries	Overnight oats	Mango and banana smoothies with biscuit	Oaty flapjack	Biscuit and fruit
(PM Snack)	Mini hotdog with lettuce	Cheese toasties with fruit	Crackers with hummus and peppers	Ritz Crackers with Fruit	Bagels with butter and fruit
Week 4 (AM Snack)	Mango and banana smoothies with biscuit	Scones with a fruit tea	Fruit and dark chocolate dips	Toast with jam	Croissants with fresh fruit
(PM Snack)	Rice cakes with butter and berries	Croissants with fruit	Cheese toasties with fruit	Oaty flapjack	Bagels with butter and fruit